

Poolates™ Instructor Teams Up With Master Spas

Rebecca
"Boo" Pfeiffer,
the
internationally
acclaimed
Pilates
instructor,



personal trainer and public health expert who innovated the Poolates™ method, is teaming with Master Spas™ to bring Poolates™ to homeowners, worldwide.

Poolates™ combines the fundamental principles of Pilates (a method of physical and mental exercise involving stretching and breathing) with the natural buoyancy and resistance-training synergies of water exercise.

Pfeiffer will be featured in the Master Spas booth at the 2005 International Pool & Spa Expo in Orlando, Florida, demonstrating her trademarked Poolates™ method in the revolutionary new Master Spas H2XSwim Spa with its patented Exerswim™ propulsion system.

Pfeiffer and Poolates will also be featured in Master Spas' H2XSwimspa DVD, marketing and advertising materials.